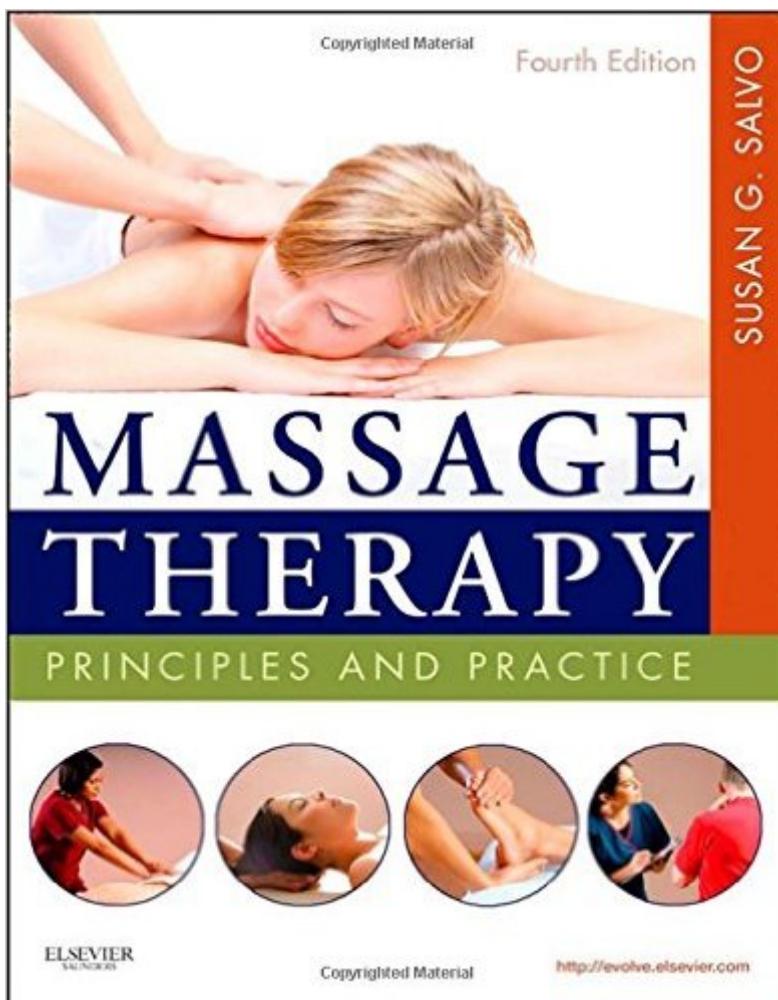


The book was found

Massage Therapy: Principles And Practice, 4e



Synopsis

Massage Therapy: Principles and Practice, 4th Edition helps you master the foundational knowledge, skills, and abilities for your career in massage therapy. With clear writing and a straightforward approach, leading massage authority Susan G. Salvo and her team of expert contributors and reviewers provide cutting-edge, practical information and professional insight in one broad, in-depth, and visually engaging resources, giving you everything you need to launch a successful career in massage therapy. Clear, straightforward approach simplifies complex content for better understanding. Thorough anatomy and physiology coverage integrated throughout helps you master essential A&P concepts without buying additional resources. Emphasis on kinesiology includes more than 170 images of muscles, bones, joints, and related structures, and useful muscle action charts. Bound-in DVD guides you through 2 hours of techniques, routines, client interactions, and case scenarios. 675 high-quality illustrations clarify difficult concepts in vibrant detail. Biography profiles and candid interviews provide a real-world perspective on massage practice from the most respected authorities in massage and bodywork. DVD icons throughout the text and E-Resources lists at the end of each chapter direct you to corresponding multimedia resources on the bound-in DVD and companion Evolve website to help you save time and study more efficiently. All-new Clinical Massage chapter broadens your career potential with detailed information on trigger points, posture, gait, and rehabilitation for working in physician-referred practices, multidisciplinary clinics, and sports injury environments. All-new Research Literacy chapter demonstrates the importance of research-based massage practice and guides you through the process of acquiring and applying the latest information. Expanded Business chapter helps you prepare for today's job market and appeal to potential employers and clients using digital media and social networking tools. Numerous case studies and critical thinking questions challenge you to apply your knowledge and understanding in realistic scenarios. Vibrant group muscle illustrations help you accurately identify, locate, and palpate muscles. Charts and tables summarize important information such as nutrition and pharmacology for fast, easy reference at a glance. Innovative "motion" photographs demonstrate technique sequence in greater clarity than traditional images. Content reflects the most essential massage therapy topics as identified by the Massage Therapy Body of Knowledge (MTBOK). Enhanced online resources on Evolve make chapter review and exam preparation fun and engaging.

Book Information

Series: Massage Therapy Principles and Practice

Paperback: 840 pages

Publisher: Saunders; 4 edition (August 4, 2011)

Language: English

ISBN-10: 1437719775

ISBN-13: 978-1437719772

Product Dimensions: 1.2 x 8.2 x 10.8 inches

Shipping Weight: 4.3 pounds

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (54 customer reviews)

Best Sellers Rank: #86,161 in Books (See Top 100 in Books) #49 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #77 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage #77 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine

Customer Reviews

Great book if you're a nurse like myself. It gives clear answers and is the easiest book to read you will ever find. If you can't answer a medical question after reading this book, you need glasses or need to actually start reading period. All anatomical information you would need to pass an LPN nursing test is in this one book. It covers every organ system in depth and is actually better than most nursing books because you are never left wondering about anything. It is perfectly organized, clearly written & easily understood. Has self tests in it that actually are a fair and helpful challenge to the student. This book leaves no system or organ undiscovered. As far as a massage book goes, it helps you clearly understand how the body works, how the body responds & why it responds. But it is not helpful in relation to any techniques EXCEPT Stretching & lengthening. I give it 4 stars as a massage book and a 5 plus star rating as a nursing book. It's worth every dime you pay for it because you won't need another anatomy book ever.

This is a respectable text for beginning massage students, and is full of great and interesting information. It's not the absolute last word in anatomy's role in massage, and shouldn't be anyone's only source of information, but as one text within a larger and complete curriculum, it's very useful. It's written at a fairly accessible level without being dumbed down. Sometimes it does get a little dry, but that may be the nature of the subject matter -- it's only so much you can jazz it up and still get the point across.

This was the book that we used during my class. My issue was destroyed so I was very pleased that I could get another one easily, and complete. This arrived in fantastic shape and I am pleased with the process.

So disappointing to buy a book for so much money to find it full of errors. Complete text discord or missing altogether, anatomy charts completely mislabeled. Terrible editing job. Thank goodness I have a strong anatomy background to know what the errors are. Page 379 crucial error example , Muscle Histology Chart-Skeletal Muscle is not called Heart muscle. It is not involuntary! People buy expensive text books to learn from and that is impossible to do when there are errors and it makes you question the credibility of the rest of the information. When contacting the publisher, there is no errata available. This is inexcusable!!!!!!!!!!!! The book was published in 2012.Besides the errors, the book is poorly organized. It jumps around with the information. I am continually having to go back in my notes and add as everything is not clearly presented in a linear fashion.The only thing I like about the book are the bios of massage professionals. Unfortunately, I wont be tested on those.

For the Massage Therapy class I'm taking this is a good book with lots of info, though there are actually some spelling errors which surprised me since it was recently updated! Has been a useful item in my class!

My massage Instructor has been a massage therapist for over 25 years and she says this book is almost perfect for introduction to massage practice and study. There hasnt been anything weve went over that Salvo didnt have some helpful information on. Thanks.

Massage Therapy: Principles and Practice is a wonderful easy to read book. It is great for someone just getting into the profession and can be a great resource for a licensed therapist. Nice addition to a wellness library.

This is the best Massage Therapy Book. I used it to study for my MBLEx exam and passed! I would recommend to anyone who wants 1 book that has it all.

[Download to continue reading...](#)

Tantric Massage: Master the Art Of Tantric Massage - Discover Mindblowing Tantric Massage Techniques, Perfect your Tantric Massage Skills, Tantric Sex And Experience An Incredible Tantric Sex Life Acupressure: The Ultimate Beginners Guide To Acupressure For Health & Healing (Self

Massage, Tennis Ball Massage, Pressure Points, Trigger Point Massage) The Magic Touch: How to make \$100,000 per year as a Massage Therapist; simple and effective business, marketing, and ethics education for a successful career in Massage Therapy Encyclopedia of Thai Massage: A Complete Guide to Traditional Thai Massage Therapy and Acupressure Massage: The Foam Roller Bible: Foam Rolling - Self Massage, Trigger Point Therapy & Stretching (Trigger Point, Tennis Ball, Myofascial, Deep Tissue, Pressure Points, Hip Flexors, Calisthenics) Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) Massage Therapy: Principles and Practice, 4e Tantric Massage: Beginner's Guide, Tips and Techniques to Master the Art of Tantric Massage! Tantric Massage: Mastery, 28 Ways To Give The Perfect Tantric Massage Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) Chinese Pediatric Massage Therapy: A Parent's and Practitioner's Guide to the Treatment and Prevention of Childhood Disease Hands Heal: Communication, Documentation, and Insurance Billing for Manual Therapists (LWW Massage Therapy and Bodywork Educational Series) The Thai Massage Manual: Natural Therapy for Flexibility, Relaxation and Energy Balance Mosby's Massage Therapy Review, 4e Marma Therapy: The Healing Power of Ayurvedic Vital Point Massage Pearson's Massage Therapy Exam Review (5th Edition) Medicine Hands: Massage Therapy for People with Cancer Chestnut's Obstetric Anesthesia: Principles and Practice: Expert Consult - Online and Print, 5e (Chestnut, Chestnut's Obstetric Anesthesia: Principles and Practice) Cupping Therapy: An Essential Guide to Cupping Therapy, How it Works, and Its Benefits (Suction Cup Therapy | Chinese Cupping | Bekam | Hijama | Ventosa) Success from the Start: Business Principles for Massage Therapists (DavisPlus)

[Dmca](#)